



University of Madras

Chepauk, Chennai 600 005.

[Est. 1857, State University, NAAC 'A' Grade, CGPA 3.32, NIRF 2019 Rank: 20]

Website: www.unom.ac.in, Tel. 044-2539 9561

Undergraduate Programme in Psychology

Curriculum and Syllabus for B.Sc Psychology

(With effect from the Academic Year 2020-21)

Note: The Board of Studies is designed Learning Outcomes Based Curriculum Framework of Under Graduate in Psychology Programme prescribed by UGC

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1. PREAMBLE:

What makes some people jump for joy when they win a lottery, while other people burst into tears? How does someone have such phenomenal memory that he can reel off 1000 lines of poetry? Where does cyber-bullying originate? When does a child stop believing in fairy tales? How does a person choose to buy a car or a motor cycle? Is the mind of a Ramanujam, a Bill Gates or a Mother Teresa different from more ordinary mortals? Do dreams have meaning? It is fascinating to observe and understand “the why” of these behaviors.

What makes human beings human? How are we able to think, feel and express ourselves? Why do we dream in our sleep and what is the significance of our dreams? How we are able to conceptualize thoughts and why we feel the way we feel and act the way we act? *The curiosity about human mind and its inner dynamics is a sign you might be interested in studying Psychology.* Psychology is a study of human behaviour, thoughts and emotions that influence such behaviour. It facilitates the shaping and moulding of the inner self and also dealing with the development of personality inside out, thus making the person an effective human being.

There is an increasing demand for Psychologist in different areas such as Schools, Colleges, Hospitals and Clinical settings, Industries and Organisations, Forensics, Defence, NGOs and Media field.

The graduate programme in Psychology offers a perfect blend of subjects of both fundamental and applied subjects such as General Psychology, Biological Psychology, Developmental Psychology, Theories of Personality, Statistics in Psychology, Health Psychology, Experimental Psychology, Abnormal Psychology, Social Psychology, Research Methodology, Guidance and Counselling, Cyber psychology, Sports psychology and many more. It prepares a student to diversify further into any course of choice in the field of psychology or its related fields for higher education or practice. *This programme offers unique opportunities to understand one's own self and others and in addition to enhance one's ability, to improve skills and competencies to bring out the inner potential.*

2. PROGRAMME LEARNING OUTCOME:

(i).Nature and Extent of the Programme

The Bachelor of Science in Psychology is a 3-year degree full time course introducing students to various facets in Psychology. This program in Psychology will help students in demonstrating the acquisition of both factual knowledge and the ability to conceptualize and apply this knowledge to their own behaviour, to ways of interacting with others, and to their roles in the society. Students will understand and be able to apply principles of the scientific method and critical thinking. Psychologists contribute to the society's well-being by helping people understand their behaviours, emotions and managing them to lead a better lifestyle. The contribution of psychologists is present at every aspect of human life.

(ii).Aim of the Programme:

The program aims to impart fundamental knowledge in Psychology in order to understand one's own self and relate with others; enabling students to acquire professional and personal skills of living. Following the course of the program, students will be enabled to become professional psychologist and are prepared to be resilient and meet the challenges of life. The program further aims to create good citizenship qualities and be socially responsible individuals. Having personal integrity and understanding human values, they will be able to excel in their place of work. Further, it helps prepare the students to take professional careers in Psychology and opens avenues to branch out to specialization in different areas of Psychology. The student will have better prospects when applying for civil service examination.

(iii).Graduate attributes:

After completing the B.Sc Psychology course, students will be trained to inculcate the following attributes indicating a professional outlook to their discipline:

1. Disciplinary Knowledge
2. Interpersonal skills and understanding
3. Analytical and logical reasoning
4. Psychological assessment and report writing.

The subject focuses on reaching the young minds to understand and know self better. It paves the way to have an insight into the fundamental concepts of the mind and various

schools of thought in understanding human behaviour. Knowledge of the concepts of Psychology and its branches are useful for applying in the real life. Further, the students learn the practice of psychological assessment using the experimental method. The Domain includes appreciation of ethical principles of professional practices in human services. The subject serves as a catalyst and a facilitating platform to enhance human skills.

3. COURSE STRUCTURE:

FIRST SEMESTER

Course Content	Name of the Course	Ins. Hrs	Credits	Int. Marks	Ext. Marks	Total
Part-I	Language Paper – I	4	3	25	75	100
Part-II	BP2-ENG01-Communicative English	3	3	50	50	100
Part-III	BPY-DSC01-General Psychology-I	5	4	25	75	100
	BPY-DSC02-Biological Psychology-I	6	4	25	75	100
	BPY-DSA01-Introduction to Indian Psychology	6	5	25	75	100
Part-IV	Basic Tamil/Adv. Tamil/NME*	2	2	25	75	100
	BP4-EASS-English for Arts and Social Sciences	4	4	50	50	100

* NME : Choose any one paper from the other department

SECOND SEMESTER

Course Content	Name of the Course	Ins. Hrs	Credits	Int. Marks	Ext. Marks	Total
Part-I	Language Paper – II	4	3	25	75	100
Part-II	English Paper – II	4	3	25	75	100
Part-III	BPY-DSC03-General Psychology-II	6	4	25	75	100
	BPY-DSC04-Biological Psychology-II	6	4	25	75	100
	BPY-DSA02-Introduction to Community Psychology	6	5	25	75	100
Part-IV	Basic Tamil/Adv. Tamil/ NME*	2	2	25	75	100
	Soft skills	2	3	50	50	100

THIRD SEMESTER

Course Content	Name of the Course	Ins. Hrs	Credits	Int. Marks	Ext. Marks	Total
Part-I	Language Paper – III	6	3	25	75	100
Part-II	English Paper – III	6	3	25	75	100
Part-III	BPY-DSC05-Developmental Psychology-I	5	4	25	75	100
	BPY-DSC06-Experimental Psychology	6	4	40	60	100
	BPY-DSA03-Statistics in Psychology	5	5	25	75	100
Part-IV	Environmental Studies	1	Examination will be held in Semester IV			
	Soft Skills	1	3	50	50	100

FOURTH SEMESTER

Course Content	Name of the Course	Ins. Hrs	Credits	Int. Hrs	Ext. Marks	Total
Part-I	Language Paper – IV	6	3	25	75	100
Part-II	English Paper – IV	6	3	25	75	100
Part-III	BPY-DSC07-Developmental Psychology-II	5	4	25	75	100
	BPY-DSC08-Psychological Assessment	6	4	40	60	100
	BPY-DSA04-Consumer Behaviour and Advertising	5	5	25	75	100
Part-IV	Environmental Studies	1	2	25	75	100
	Soft skills	1	3	50	50	100

FIFTH SEMESTER

Course Content	Name of the Course	Ins. Hrs	Credits	Int. Marks	Ext. marks	Total
Part-III	BPY-DSC09-Abnormal Psychology-I	6	4	25	75	100
	BPY-DSC10-Social Psychology-I	6	4	25	75	100
	BPY-DSC11-Introduction To Research Methodology	6	4	25	75	100
	BPY-DSC12-Health Psychology	6	4	25	75	100
	BPY-DSE01-Sports Psychology	5	5	25	75	100
Part-IV	Value Education	1	2	25	75	100

SIXTH SEMESTER

Course Content	Name of the Course	Ins. Hrs	Credits	Int. Marks	Ext. Marks	Total
Part-III	BPY-DSC13-Abnormal Psychology-II	6	4	25	75	100
	BPY-DSC14-Social Psychology-II	6	4	25	75	100
	BPY-DSC15-Introduction to Theories of Personality	6	4	25	75	100
	BPY-DSE02-Guidance and Counselling Psychology	6	5	25	75	100
	BPY-DSE03-Human Resource Management	6	5	25	75	100
Part-V	Extension Activities		1			
