

OBJECTIVES FOR THE SEMESTER

Strive constantly for
academic excellence
Encourage Learning through
various
paradigms

Bi- Annual Publication 2022-23



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Shasun Chronicle

The Department of Sanskrit



EDITORIAL

The Department of Sanskrit teaches Second Language for UG Courses for I & II year students.

At present there are 80 Sanskrit Students.

Staff Editors:

Dr. Ramadevi Sekhar, Asst. Prof. Shift-I

Smt C P Rekha — Asst. Prof. Shift-II

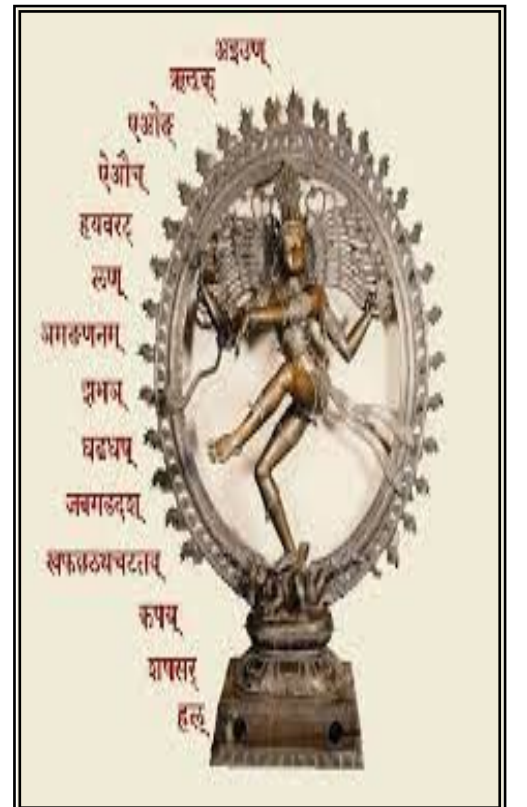
Special points of interest:

Conduct Co-curricular
activities like
Guest Lectures & Workshops
Competitions

MESSAGE OF HOD

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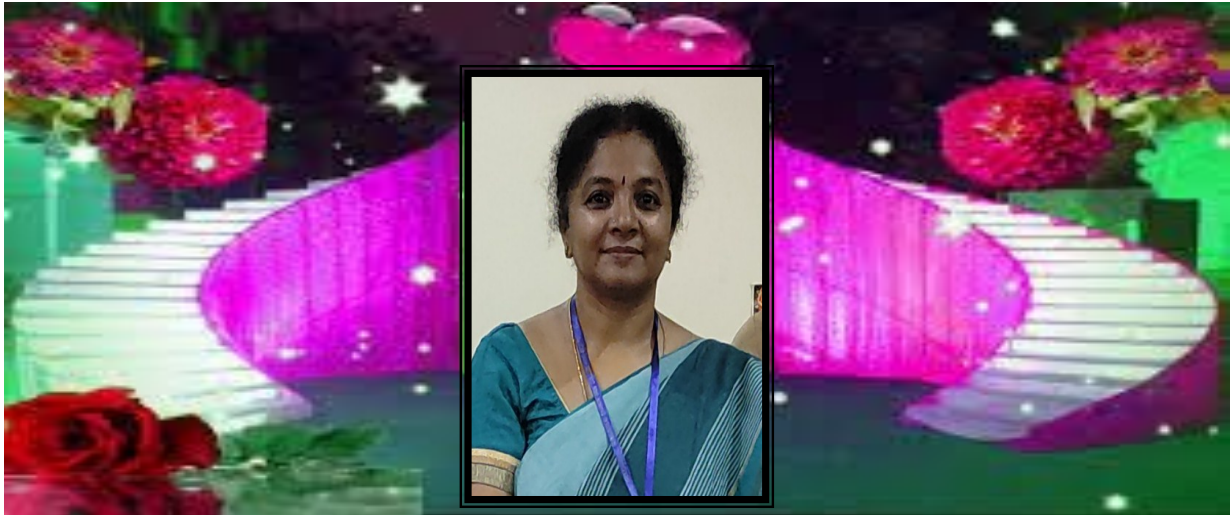




FACULTY DEVELOPMENT PROGRAMME

During the month of January 2023. (23rd to 29th) a Faculty Development Programme (Life learning skills through Theatre) in collaboration with Heritage Trust, conducted for the benefit of Professors (national level) over 78 participants attended , resource persons from, Delhi, Rajasthan, Bengaluru and Chennai gave orientation lecture in various topics,

FACULTY ACHIEVEMENTS



Assistant Professor Dr. Ramadevi of Shift 1 - has been a resource person to many city colleges, Workshops , Session Speaker and gave lectures on various topics. She also participated and presented papers in International conferences and published papers , and attended FDP course. She also won awards for first documentary under the banner of Shasun college, Non-feature documentary film” Dr.B.B Lal Doyen of Archaeology “ along with Center for Media and Communication of our College, and Awarded Outstanding Documentary Film, Best Educational Film, Best Story, Best Script writer in many International Film Festivals.

GUEST LECTURES & Events



Shasun kshitji

Shasun Kshitij Annual Inter—Collegiate event on 2nd February 2023. More than 237 students were participated on the theme “Utsav” events like Rangoli, Posture making competition were conducted.

Department of Tamil, Hindi, Sanskrit and French of Shri Shankarlal Sundarbhai Shasun Jain College conducted Shasun kshitij'2022-23 on the theme 'Utsav' Celebration. Overall 237 students participated from various city colleges in and around from Chennai. Our own college students also participated. She gave a motivational speech to students about Entrepreneurship and importance of Language as good tool for communication. She imparted knowledge about discipline and to make India a Super power nation.



Guest Lecture

Dr . Devaki Balaji, deleivered a lecture about “Choosing Language as carrier” on 13th March, 2023

Matrubhasa Divas celebration



Matrubhasa divas Dr. R. Thiagarajan, former Professor and Head of department of Sanskrit, Presidency college, Mother Language shaper of thoughts and Emotions

Events

In-
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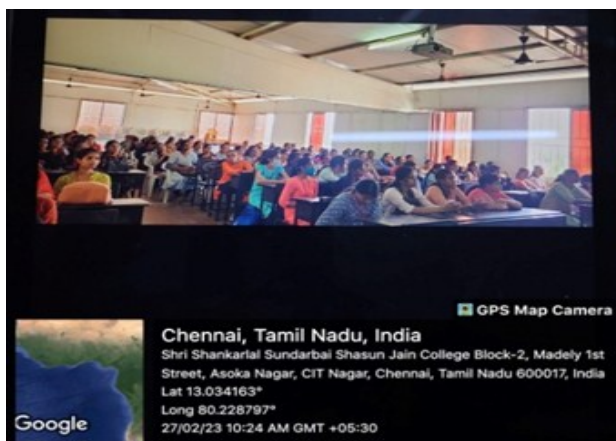
Literary Workshop –Prajna Devinette

On 8th February 2023, Department of Hindi , French and Sanskrit jointly Conducted a quiz competition—
Prajna—Devinette



Capacity Building Workshop on Indian Culture and Heritage

On 27th February 2023, Department of Sanskrit Conducted a Capacity building workshop on Indian Tradition & Culture for I year students , resource Person Dr. Arathi inculcated the students about Indian Heritage and Culture. Various Activities related to Heritage and Culture has been imparted through various videos and presentations.



Wall of Fame

SUBJECT TOPPERS 2020-2023 Batch Shift I & II Students

Harshini - III BSc Psychology

Melapakkam Soundarya of I Bsc Computer science

Divyadarshini of II B.Sc Computer Science

Nandhini M of II B.Com. Corporae Secretariship

Sai Sruthi of II B.A. English

Swathi of I B.COM (CS)

Were awarded Trophies and Certificates



*Prize winners intra collegiate singing and connections
conducted by the Department of Tamil Competition Prize
Winners from shift 1 and 2 Sanskrit students*

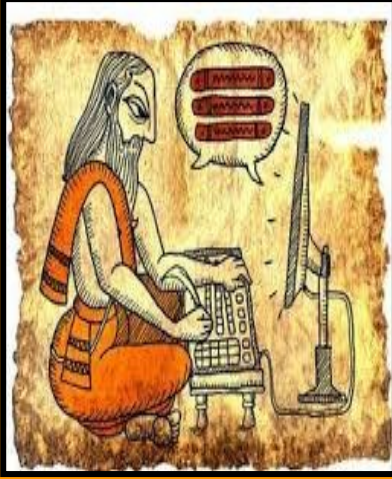
II B.Sc (CS) R. Divyadarshini

I B.Sc (CS) - Melpakkam Soundarya



USE OF SCIENCE

By R.Divyadarshini , II year Bsc Csc



We all know that we use science in our daily lives. But we do know that even the slightest things that we thought are superstitions have their own scientific reasoning.

अनेकसंशयोच्छेदि, परोक्षार्थस्यदर्शकम् ।

सर्वस्यलोचनंशास्त्रंयस्यनास्त्यन्धएवसः ॥

This means that Science blasts many doubts , it foresees what is not obvious.



The application of Henna in our palms is considered a very powerful medicine that helps us in keeping our body cool and also helps in keeping our nerves from becoming tense. We can see that henna is applied on special occasions.



The most important is our Namaste. The reason behind this is, that our hands join palm-wise, touching all the tips of fingertips linked together in the pressure points that are connected to our ears, eyes, and minds, which helps in activating our pressure points helping in concentration



In India, it is very common to see faces with Bindis and Tilaks. It is because the spot between our eyebrows on the forehead is considered a major nerve point in our body. The Bindi or Tilak is believed to help in preventing loss of energy and in retaining our level of concentration.



Many of us may have wondered why our moms tell us not to sleep having our heads pointing North. This is because both humans, as well as the earth, have magnetic fields. Thus happening to collide with each other when sleeping facing North happens to cause problems related to blood pressure.



Have you ever wondered why Bells are there in the temples? Well, that is because ringing helps us in clearing our minds and helps us have positive energy.



India, the country of Yoga has a long-standing tradition of doing Surya Namaskar in the mornings regularly. This on the surface can be seen as worship to god but this is done to maintain a healthy and stable routine and lifestyle



Over 77% of our population fasts regularly. As we grow, our food habits are becoming not so good and are damaging to our bodies. This creates many toxins in our bodies. So to cleanse these out, we fast and be clean both in our body as well as in our mind.



Lastly, We all have a habit of wearing bangles either occasionally or regularly. They all come in a variety too. Wearing these are said to improve blood circulation in our body as it is worn in the wrist area having the nerves.



**असतो मा सद्गमय ।
तमसो मा ज्योतिर्गमय ।
मृत्योर्मा अमृतं गमय ॥**



Names of Sports in Sanskrit



पतङ्गक्रीडा



आखेट क्रीडा



सर्पसोपानं



चतुरङ्ग



पादकन्दुकः



खगक्षेपण क्रीडा



उत्पीठिका कन्दुकम्



तरणक्रीडा



कन्दुक क्रीडा



हस्तपाद कन्दुकम्



जलकन्दुक



यष्टिकन्दुकम्



अश्वधावनम्



धावनक्रीडा



मुष्टियुद्धम्



मल्लयुद्धम्

