



SHRI SHANKARLAL SUNDARBAI
SHASUN
JAIN COLLEGE FOR WOMEN

A Unit of Sri S. S. Jain Educational Society | Reaccredited with A++ by NAAC
Affiliated to University of Madras | An ISO 9001:2015 Certified Institution

THE INTERNAL QUALITY ASSURANCE CELL (IQAC) &
PG DEPARTMENT OF APPLIED PSYCHOLOGY
CORDIALLY INVITE YOU TO THE ANNUAL INTERCOLLEGIATE EVENT

PsyFest '24

ON THE THEME

AURORA

Venue:

Shri Shankarlal Sundarbai Shasun Jain College
for Women.

JAN 25 2024

09:00 AM TO 04:00 PM



Scan to
REGISTER

SMT. USHA ABHAYA SRISRIMAL
SECRETARY

DR. HARISH L METHA
ASSOCIATE SECRETARY

DR. S. PADMAVATHI
PRINCIPAL

► AGENDA ◀

9:00 am - 10:00 am	Inauguration
10:00 am - 10:30 am	Host performance
10:30 am - 12:30 pm	Events
12:30 pm - 1:00 pm	Lunch
1:00 pm - 3:00 pm	Events
3:00 pm - 3:30 pm	Prize Distribution
3:30 pm - 4:00 pm	Valediction

► CHIEF GUEST ◀



Dr Keerthi Pai

Consultant Clinical Psychologist, Apollo Hospital
Partner, Element H Psychological Support Services

FOR QUERIES, CONTACT: STUDENT CO-ORDINATORS

Swetha - 9884417297 | Samyukta - 7273044440 | Medhalakshmi - 9444296712

Or, drop a mail to: bscpsychologydpt@shasuncollege.edu.in

►► EVENTS ◀◀

ON STAGE EVENTS

- Shipwreck
- Psy Feud
- Psy Tank

OFFSTAGE EVENTS

- Treasure hunt
- Poster making
- Photography
- Meme Creation

►► ART GALLERY ◀◀

Featuring art installations by the students and staff of the department. A curated space to experience art as therapy!

►► EXHIBITION ◀◀

Embark on a vibrant voyage: Discover diverse pathways to mental wellness in this radiant exhibition

►► GENERAL RULES & INSTRUCTIONS ◀◀

1. All participants should complete the registration.
2. College ID card is mandatory for entry.
3. Any form of vulgarity or misconduct will be condemned and will lead to disqualification.
4. Events are open only to college students of psychology stream.
5. No registration fee involved.
6. Events will be open to on-spot registration based on availability.
7. The judge's decision will be final.

► SHIPWRECK ◀

It is a unique twist on the classic shipwreck scenario.

- Participants are randomly assigned profound personalities from the field of psychology. The two competing participants must defend their theories and debate why they deserve to be saved.
- 2 members per team
- Time limit - 5 minutes per team
- Total no. of rounds - 2 (Round 1 - In pairs, Round 2 - Individual).

► PSY-FEUD ◀

PSY-FEUD is a team-based quiz competition inspired by the popular game show "Family Feud."

- 3 members per team (one team per college).
- The game will follow the general format of "Family Feud," with two teams competing head-to-head in each round.
- Each round 3 questions will be asked.
- In case of ties, tie-breaker questions will be used.

► PSY-TANK ◀

A platform to showcase innovative mental health services and products

- The participants have to pitch their idea to the judges outlining the unique features, target audience, potential impact of the proposed mental health product/service and present a comprehensive marketing strategy.
- Group event with 2 members per team (Registration should be done separately).
- Time limit - 8 minutes (presentation + clarification)
- The PPT should be mailed to psyfest.shasun@gmail.com on or before January 20th, 2024, 2:00 PM.

► TREASURE HUNT ◀

It's a thrilling quest for hidden treasure with exciting adventure which follows clues, discovery and exploration to uncover hidden riches!

- Team event
- Theme - The Island of Phobias
- 3 members per team.
- Mobile phones are strictly prohibited.
- Each round involves elimination.

► POSTER MAKING ◀

Process where transforming a blank canvas into a vibrant tapestry—a dynamic dance of ideas materializing with paper and writing instruments, giving life to a visually stunning depiction of the theme.

- Individual Event
- Theme- Depicting the Inner child
- Time allotted - 60 minutes
- Required materials are to be brought by the participants.
- Size of the poster- A4.
- Poster content must steer clear of any offensive, discriminatory, or religiously sensitive material, adhering to competition rules.

►► PHOTOGRAPHY ◀◀

Capture and share your unique perspective on Reflection in a single photo taken on your phone (JPEG/JPG under 10MB, 5x7").

- Theme- Reflections
- Individual Event
- All the entries should be mailed to psyfest.shasun@gmail.com on or before January 22nd, 2024, 2:00 PM.
- Entries must include:
 1. Photo Title: Briefly describe your image.
 2. Photographer Name: First and last name.
 3. Photo Details: Date and location.
 4. Description: Short paragraph (6 lines max) explaining your outlook of reflection.
 5. Rules: No borders, logos, marks, or identifications on the image. Plagiarized and AI-generated images are disqualified

►► MEME CREATION ◀◀

Digital meme creation is a dynamic process wherein creators ingeniously merge images, text, and cultural references to craft humorous or thought-provoking content.

- Individual Event
- Theme - Life of a psychology student
- All the entries should be mailed to psyfest.shasun@gmail.com on or before January 22nd, 2024, 2:00 PM.
- Memes must be an original creation, avoiding offensive, foul language, any kind of vulgarity, discriminatory, or religiously sensitive material.
- Participants are responsible for ensuring that they have necessary permissions for using copyrighted material in their memes.

►► ABOUT THE DEPARTMENT ◀◀

The Department of Psychology was established in the year 2014 with a batch of 14 students. At present, the department has over 200 students with a dedicated team of faculty. In the academic year 2020-21 the Department stepped into its next milestone by establishing a Postgraduate Course in Applied Psychology with specialization in counselling.

The Department periodically provides practical exposure to the students through internships, field visits, value-added courses, seminars, workshops, and research paper presentations. The Department aims at creating a strong theoretical foundation in alignment with the recent advances in the discipline of Psychology, to enable the students to develop skills, competencies, and ethical principles required for the field. Honoring its grounding principles, the department functions by providing a conducive environment to all its members by encouraging autonomy, inclusivity and value based thinking.

The Department also extends its service through the College Counselling Cell (Sukhada), that offers counseling and therapeutic support to all staff and students within the campus through regular one-on-one sessions, group training programs, and psychological workshops.

►► OUR TEAM ◀◀

Head of the Department

Ms. Abidha Anwar

Student counsellors

Ms. Keziah Verghese

Ms. Hamsika G

Lab Assistant

Ms. B. Anuradha

Assistant Professors

Ms. Pavithra T.

Ms. Gaayathree G

Ms. P. Mary Cathareena

Ms. S. Nandhini

Ms. Josna Gopinath

Dr. Nandini P

Ms. R. Nivashini

Ms. Leeba Raj