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Post-Graduate Programme

Curriculum and Syllabus for
M.Sc. Applied Psychology
(With effect from the Academic Year 2023-24)

JUNE 2023

Note: The Board of Studies in Psychology designed the syllabus as per Common Model Syllabus provided by TANSCHÉ based on Learning Outcome based Curriculum Framework (LOCF) as prescribed by the UGC.

M.Sc. APPLIED PSYCHOLOGY

Total Credit – 91

PROGRAMME OUTCOMES

PO1: Critical Thinking skills:

Ability to substantiate critical reading of text books and research article and also to review in order to make analytical assessments while comprehending them in terms of both generic understanding and contextual study.

PO2: Individuals as Assets:

To be academically honest, intellectually curious, ethically responsible, professionally competent and spiritually inspiring citizens.

PO3: Leadership readiness/qualities:

Strengthen personal integrity and develop soft skills such as effective communication, teamwork, flexibility, and leadership.

PO4: Academic Excellence:

Being a member of the academic community with advanced discipline- specific knowledge and professional skills in the relevant field with the prowess to communicate complex ideas and to engage in current critical debates with all sensitivity and fairness.

PO5: Higher order Thinking skills:

Ability to think, analyze, evaluate, create new knowledge and skills both in the chosen discipline and across other fields.

PO6: Subscription to Quality Research:

Ability to design and carry out independent research embedded in multidisciplinary perspective, to update oneself with current research trends and contemporary inputs in the discipline and to evaluate research contributions.

PO7: Lifelong learning:

Ability to learn, unlearn, and relearn knowledge and skills in the emerging areas of the field of specialization.

PO8: Continuous Professional development:

Ability to continuously develop oneself professionally and to critically improve one's self with a view to taking appropriate decisions in diverse professional and real-life environment

PO9: Ethics: Ability to be socially sensitive and responsible citizens, with a tolerance to cultural difference and diversity, so as to engage in ethically informed practice.

PROGRAMME SPECIFIC OUTCOMES

1. **Knowledge domain:** Apply the knowledge of Psychological principles and theories in their respective area of specialization in Applied Psychology.
2. **Self and Professional Development domain:** Ability to continuously develop oneself professionally and to critically improve one's self with a view to taking appropriate decisions in diverse professional and real-life environment
3. **Skill Development domain:** Identify, critically analyze and assess, practical issues in the field of psychology and apply appropriate methods, tools and techniques to solve problems, enhance human capabilities and efficiency, form collaborative, promote well-being and execute research.
4. **Research Domain:** Formulate research problems, construct new ideas and opportunities by using core concepts and knowledge central to the field of psychology and provide suggestions, use creativity or critical thinking, skills to problem solving in different setting
5. **Ethics:** Exhibit integrity, ethics, character and adapt to global perspective and to attune to issues of cultural diversity, meet the expectation of professional work and healthy interface between academia and society.
6. **Societal contribution:** : To provide an opportunity to extend the knowledge base to the world of practice with a view to promote a healthy interface between academia and society.
7. **Career Development domain/Placement:** Prepare for employment in government, clinical, educational, organizational, industrial research institutes, NGOs, and to function in roles such as entrepreneurs, life coaches., influencers, trainers and counselors, teachers
8. **Higher Studies:** To enable students to obtain the knowledge and skills necessary for immediate employment and attain higher studies in psychology and related areas.

Template for M.Sc Applied Psychology

Semester I	Credits	Hours	Semester II	Credits	Hours	Semester III	Credits	Hours	Semester IV	Credits	Hours
1.1 Core I Theories of Personality	5	7	2.1 Core IV Psychometry	5	6	3.1 Core VII Applied Social Psychology	5	6	4.1 Core XI Human Resource Management	5	6
1.2 Core II Research Methodology & Applied Statistics	5	7	2.2 Core V Psychological Assessment I (Counseling & Psychotherapy)	5	6	3.2 Core VIII Advanced Cognitive Psychology	5	6	4.2 Core XII Community Psychology	5	6
1.3 Core III Counseling Skills and Techniques	4	6	2.3 Core VI Behaviour Modification	4	6	3.3 Core IX Psychological Assessment II (Organizational Behaviour & HR)	5	6	4.3 Project with Viva Voce	7	10
1.4 Elective I Discipline centric - Geriatric Challenges and Development	3	5	2.4 Elective III Discipline centric - Addiction Counseling	3	4	3.4 Core X School Counseling	4	6	4.4 Elective VI (Industry/ Entrepreneurship) 20% Theory 80% Practical - Psychological Training Module	3	4
1.5 Elective II Generic - Psychological Interventions for Developmental Disorders	3	5	2.5 Elective IV Generic - Psychotherapy	3	4	3.5 Elective V Discipline centric- Training and Development	3	3	4.5 Skill Enhancement course/ Professional Competency Skill - Scientific Report writing	2	4
			2.6 Skill Enhancement I - Relationship Counseling for Children and Young People	2	4	3.6 Skill Enhancement II - Corporate Counseling	2	3	4.6 Extension Activity	1	
						3.7 Internship/ Industrial Activity	2	-			
	20	30		22	30		26	30		23	30
Total Credit points - 91											

Semester I				
S No		Title of the Course	Credits	Hours
1	1.1 Core -I	418C1A: Theories of Personality	5	7
2	1.2Core-II	418C1B: Research Methodology & Applied Statistics	5	7
3	1.3 Core - III	418C1C: Counseling skills and techniques	4	6
4	1.4 Elective I	418E1A: Geriatric Challenges and Development	3	5
5	1.5 Elective-II	418E1B: Psychological Interventions for Developmental Disorders	3	5
TOTAL			20	30

Semester II				
S No		Title of the Course	Credits	Hours
6	2.1 Core -IV	418C2A: Psychometry	5	6
7	2.2Core-V	418C2B: Psychological Assessment - I (Counseling and Psychotherapy)	5	6
8	2.3 Core - VI	418C2C: Behaviour Modification	4	6
9	2.4 Elective III	418E2A: Addiction Counseling	3	4
10	2.5 Elective - IV	418E2B: Psychotherapy	3	4
11	2.6 Skill Enhancement Course	418S2A: Relationship counseling for Children and Young People	2	4
TOTAL			22	30

Semester III				
S No		Title of the Course	Credits	Hours
12	3.1 Core -VII	518C3A: Applied Social Psychology	5	6
13	3.2Core-VIII	518C3B: Advanced Cognitive Psychology	5	6
14	3.3 Core - IX	518C3C: Psychological Assessment - II (Organizational Behaviour & HR)	5	6
15	3.4 Core - X	518C3D: School Counseling	4	6
16	3.5 Elective V	518E3A: Training and Development	3	3
17	3.6 Skill Enhancement Course II	518S3A: Corporate Counseling	2	3
18	3.7 Internship	518S3B: Summer Internship	2	-
TOTAL			26	30

Semester IV				
S No		Title of the Course	Credits	
19	4.1 Core- XI	518C4A: Human Resource Management	5	6
20	4.2 Core - XII	518C4B: Community Psychology	5	6
21	4.3 Project	518C4C: Dissertation with Viva Voce	7	10
22	4.4 Elective VI (Industry/Entrepreneurship) 20% Theory 80% Practicum	518E4A: Psychological Training Module	3	4
23	4.5 Skill Enhancement Course/Professional Competency Skill	518S4A: Scientific Report writing	2	4
24	4.6	518V4A: Extension Activity	1	
TOTAL			23	30