



SHRI SHANKARLAL SUNDARBAI  
**SHASUN**  
JAIN COLLEGE FOR WOMEN

A Unit of Sri S. S. Jain Educational Society | Reaccredited with A++ by NAAC  
Affiliated to University of Madras | An ISO 9001:2015 Certified Institution



ஸ்ரீ ஷங்கர்லால் சுந்தர்பாய் ஷசுன் ஜெயின் மகளிர் கல்லூரி

Internal Quality Assurance Cell (IQAC)

&

Yuva Shakthi Club

Cordially invite you for

**YOUTH AWARENESS PROGRAM**

On

*“Healthy Food- Style”*

On Thursday, 18<sup>th</sup> December 2025 @ 1 p.m.

Venue: Academic Block II, Room No 2107

**Resource Person**

**Mrs. Menaka E**

Co-Founder, Mann Vasana

Smt. Usha Abhaya Srisrimal  
Secretary

Dr. Harish L Metha  
Associate Secretary

Dr. S. Padmavathi  
Principal